



## TITLE INFORMATION

# MEXICAN COOKING MADE EASY

by Rebecca Ruhry

### CONTENT:

This beautiful volume brings authentic Mexican cuisine into everyday life – spontaneous, uncomplicated and full of flavour.

Over 100 authentic recipes have been developed so that all ingredients are available in any supermarket. Rebecca Ruhry shows that you don't need exotic products or complicated techniques to enjoy the flavours of Mexico. Many dishes can be prepared vegan or vegetarian, just as they have been cooked in Mexico for generations, and are also suitable for mild tastes.

Humorous anecdotes from 15 years' life in Mexico supply the book with a very personal note and make it a (*unique*) culinary journey (*with heart*) – real authentic and simply delicious!

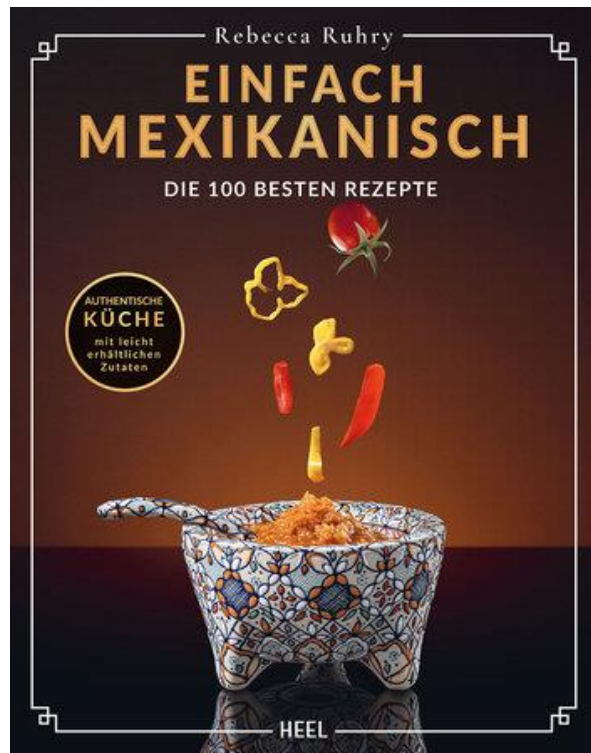
**The author** has lived 15 years in Mexico, where she attended cooking school and met her Mexican husband.

After her return to Austria in 2014, she held a senior position in the luxury hotel industry for ten years before trading her career for family life with two children in Vorarlberg, Austria.

**Rights all available**

### SPECIFICATIONS:

- 288 pages
- full colour photographs throughout
- hardcover
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