

# H. TITLE INFORMATION

# FRENCH FRIES

by Christine Hager & Ulrike Reihn

## CONTENT:

Asked to name a delicious but yet unhealthy meal most people will spontaneously think of French fries. However they don't deserve this kind of negative reputation at all. The truth is there's nothing like home-made French fries – and considering their versatility as a side dish or main course they have no bearing on common and mostly discredited fast food meals.

This cookbook presents our much loved chips in a completely new way. The authors answer the question of what kind of potatoes are most suitable to prepare crispy and juicy fries. Subsequently, they provide easy to follow step-by-step instructions on how to prepare the perfect Fries using different cooking techniques such as a deep fryer or simply a pan.

However the best Fries are nothing without a good dressing or dip – no better reason to add our author's choice of the best international recipes for both familiar and more exotic dishes such as Chinese fries with green onions, chili and soy sauce or Poutine, a Canadian dish of French fries and fresh cheese curds, covered with brown gravy or sauce...

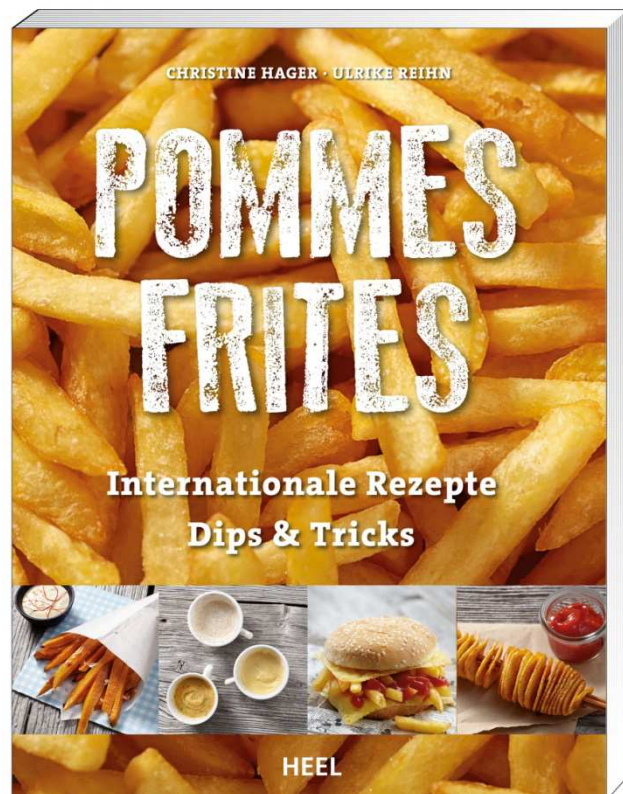
***“A must-have for all French Fries enthusiasts! It leaves nothing to be desired...”***

*(www.pommeswelt.de)*

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