

ADVANCE TITLE INFORMATION

CLAY POT COOKING

by Dirk Bey & Olaf Seidel

CONTENT:

The German 'Römertopf', a kind of crock pot, is a roasting tray made of clay, which was launched in Germany in 1967, inspired by the mediterranean way of cooking.

Watered for a while before application, it generates a natural steaming effect, allowing for a gentle and healthy preparation of meat, vegetables and legumes, maintaining their flavour, vitamins and mineral nutrients without the need of additional fat.

It can be applied either in the oven or in the microwave, and offers various cooking methods from baking to braising and grilling, all of them down-to-earth and completely hassle-free - just put in the ingredients, cut into pieces, add a small amount of liquid, and wait...

This first volume (of a projected book series covering the manifold applications of Römertopf products) is focused on meat dishes and presents a fine compilation of delicious recipes!

Enjoy versatile and easy down-to-earth cooking with Römertopf!

Rights all available

SPECIFICATIONS:

- 128 pages
- numerous coloured photos
- paperback
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k.michelberger@heel-verlag.de ✦ s.becker-barth@heel-verlag.de ✦ www.heel-verlag.de