

H. TITLE INFORMATION

VENISON: QUICK & EASY RECIPES

by Markus Bitzen

CONTENT:

Venison is actually the most natural and sustainable meat you can enjoy, enabling us to forget about industrial livestock farming with all its negative health impacts for a while.

However far too many people still suppose the preparation of game dishes a rather complicated and time-consuming endeavour in terms of stewing or braising – which definitely is a preconception that needs to be adjusted.

In this second book published at HEEL Verlag, chef Markus Bitzen (a hunter himself), focuses on recipes which can be prepared quick and easily, while using high-quality meat from regional suppliers. He presents a great compilation of delicious recipes containing various kinds of game, along with complementary side dishes.

The author is the second generation owner of a restaurant in the Western German region of the Ahr valley (primarily known for its fine wine) which is specialized on its venison products. He is member of the Slow Food movement since 2002.

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