

H. ADVANCE TITLE INFORMATION

HILDEGARD'S ANCIENT MEDICINAL HERBS

by Holger Vornholt

CONTENT:

Hildegard of Bingen was a German Benedictine abbess, active as a writer, composer, philosopher, mystic and visionary during the High Middle Ages. Among her manifold interests and fields of research was a special focus on nature studies, and her findings were collected in a highly acclaimed reference work which came into being in the middle of the 12th century. She has thus been considered by many in Europe to be the founder of scientific natural history in Germany. Her great effort was to combine the contemporary knowledge on (physical) diseases as well as on the healing powers of plants and herbs with traditional people's knowledge not yet documented in writing.

This book set picks up her expertise on healing herbs, presenting the most important sorts with information on how to sow, use and apply them in a beautifully illustrated book. Furthermore, it supplies a selection of herb seeds for own seeding also on a balcony or in flower pots.



Rights sold: English world

SPECIFICATIONS:

- 96 pages, illustrated throughout
- paperback
- trim size: 183 x 225 mm
- in a solid box (300 x 330 x 25 mm)
with herb seeds
- retail price: € 19,99
- ISBN 978-3-96664-382-5
- Publication: April 2022

