

H. TITLE INFORMATION

THE OFFICIAL TEFAL EASYFRY COOKBOOK

by Antje Watermann

CONTENT:

Air Frying at its best: here comes our second volume produced in official cooperation with Tefal, providing healthy and delicious recipes for the original Tefal EasyFry.

Though it is common knowledge that deep-fried food is not the healthiest kind of nutrition, this does not really diminish our appetite for French fries and similar deep fried treats. The special hot air technology of the Tefal Actifry reduces fats by 99% in comparison to conventional deep fryers – so what's stopping you from trying these mouthwatering recipes without a bad conscience?

Whether you aim at deep-frying, roasting, grilling or baking, this new book supplies 32 recipes to be prepared in no time at all.

Rights all available

SPECIFICATIONS:

- 96 pages
- many colour photographs
- softcover
- trim size 188 x 230 mm
- retail price: € 9.99
- ISBN 978-3-96664-505-8
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