

LAND & WERKEN SERIES:

MUSHROOM BIBLE

by Cornelia Gutjahr

CONTENT:

This new guide is dedicated to wild edible mushrooms and their most common species to be found in Central Europe. It supplies all necessary knowledge in order to safely and successfully forage and prepare them.

Starting with the right choice of collecting devices (it is best to use wicker or chip baskets to guarantee sufficient ventilation) and other helpful equipment such as brush, sharp knife and scissors, the author points out the necessity to clean mushrooms right after picking to discover potential worm infestation.

She further gives advice on the where and when to find mushrooms, which are definitely not limited to the best-known collecting periods, as well as on how to store and prepare them. A comprehensive chapter, illustrated with detailed photography, is finally dedicated to the identification of the most common species while pointing out poisonous look-alikes.

The author is a graduated agricultural engineer with an additional economists degree. She loves nature and is an enthusiast gardener, focusing on vegetables and flowers.

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SPECIFICATIONS:

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- many colour photographs
- softcover
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