

TITLE INFORMATION

MORE SIMPLE, FRESH & POPULAR FAMILY MEALS

by Sandra Frantza

CONTENT:

After landing an instant bestseller with her first cookbook featuring tasty quick dishes based only on natural and fresh ingredients, without any artificial additives, there was massive demand for new and equally easy to prepare family recipes.

So here you go: 50 new and quick mouth-watering recipes, suitable for family dinners as well as students, after-work meals or children's birthday parties. Even unexperienced cooks will be able to prepare these yummy dishes in no time!

The author, Sandra Frantza, started her own blog at <https://sandraskochblog.de> in 2014. She also presents her wonderful recipes to more than 200,000 followers on Instagram on a daily basis. Her first book "Fix ohne Fix" won the Gourmand Cookbook Award 2022 as "the best German cookbook / social media".



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