

## AMORE PER GUSTO MY ITALIAN KITCHEN

by Stefania Lettini

## **CONTENT:**

For all lovers of true Italian cooking, this beautiful new volume is a book that must not be missing on any of their bookshelves.

The author, whose family originates from Puglia, spreads out an atmospheric selection of delicious traditional dishes originating from the various Italian regions. Starting with an overview on the different provinces and a depiction of their typical dishes and ingredients, the book offers a fine selection of recipes reflecting these respective special features.

With every region, she also highlights some typical products in the form of a product guide, stepping a bit deeper into textures, flavours and preparation, along with portraits of producers which make us feel their passion for what they do.

The author is known to German TV viewers through regular appearances in a very popular morning show, with an enthusiastic crowd of followers.

**The author** Stefania Lettini runs a shop offering Italian delicacies and wine (from Italian suppliers carefully and personally selected) in Düsseldorf. Her refined recipes and numerous ideas inspired by Italian lifestyle can also be found on her blog https://lettinis.de

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## **SPECIFICATIONS:**

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