



TITLE INFORMATION

BEST OF OptiGrill

120 BEST RECIPES

by Benjamin Hetterich

CONTENT:

The hype around the *OptiGrill*, the market leader among contact grills produced by Tefal, is unbroken. The author of this comprehensive new recipe book, Benjamin Hetterich, is "*Der OptiGriller*" and regularly inspires over **182,000 followers on Instagram** and over **169,000 followers on Facebook** with his recipes, tips and tricks about the *OptiGrill*.

From juicy meat dishes to hearty vegetarian delicacies, perfectly cooked fish, creative skewers, irresistible burgers and sandwiches to tempting desserts and recipes for the baking tray and the brand new OptiGrill "4 in 1" – here is something for everyone. Whether already an *OptiGrill* master or a beginner, these recipes will work on any model of the OptiGrill!

The author: When Benjamin Hetterich received an OptiGrill as a gift from his wife in 2016, his passion for contact grilling was ignited. The full-time civil engineer loves to grill and smoke for a living and, with his large fan base, is an official "OptiGriller" under the Tefal flag. Benjamin Hetterich lives in Frankfurt with his wife and three sons.

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SPECIFICATIONS:

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- full colour photographs throughout
- hardcover
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